

Part 1: Windows Setup

Step 1: Install Docker Desktop

1. Go to docker.com/products/docker-desktop
2. Download Docker Desktop for Windows
3. Run the installer as Administrator
4. Check "Use WSL 2 instead of Hyper-V"
5. Install and restart your computer
6. Open Docker Desktop and create a free account
7. Let Docker Desktop run (keep it open)

Step 2: Install WSL (One-Time Setup)

1. Open PowerShell as Administrator
2. Run this command: **'wsl --install'** (Type the words between inverted commas inside PowerShell screen and hit enter)
3. Restart computer if prompted
4. Check WSL version by running command: **'wsl --version'**
5. You should see version 2.x.x or higher

Step 3: Run n8n

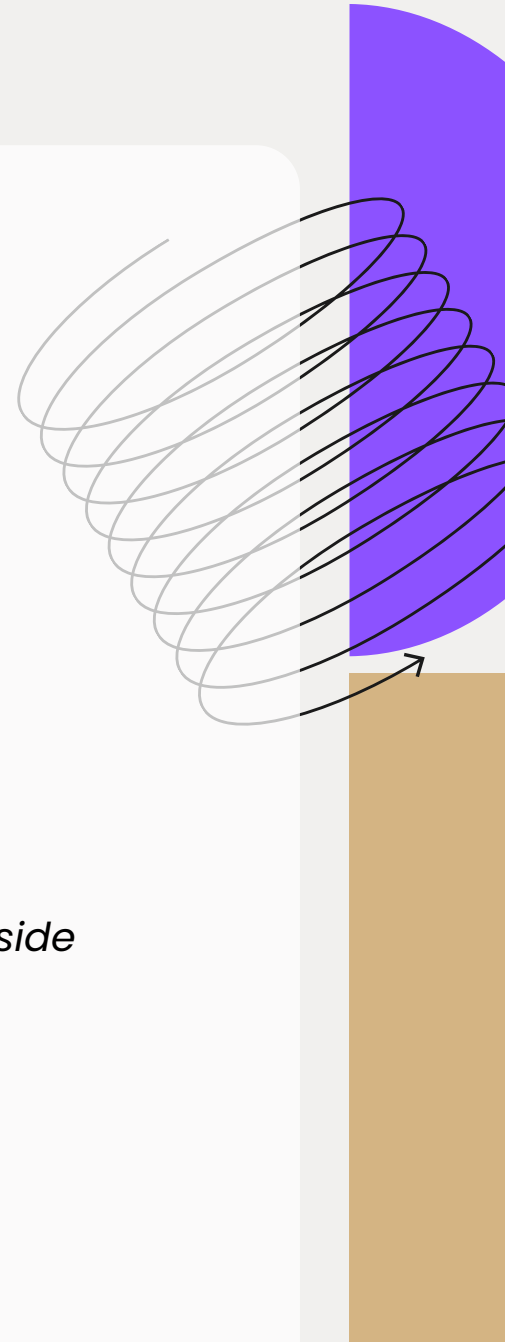
1. Open PowerShell (normal user, not administrator)
2. Run this command: **'docker run -it --rm --name n8n -p 5678:5678 -v n8n_data:/home/node/.n8n docker.n8n.io/n8nio/n8n'**
3. Wait for the message: n8n ready on 0.0.0.0, port 5678

Step 4: Access n8n

1. Open your browser
2. Go to: <http://localhost:5678>
3. Create your account (email, password, name)
4. Start building workflows!

Step 5: Stop n8n

1. Save your work in the n8n browser window
2. Close the browser tab
3. In PowerShell, press Ctrl + C to stop n8n
4. Close PowerShell
5. Close Docker Desktop (optional)



Part 2: Mac Setup

Step 1: Install Docker Desktop

1. Go to docker.com/products/docker-desktop
 - Download Docker Desktop for MacApple Silicon (M1/M2/M3): Choose "Mac with Apple silicon"
 - Intel Mac: Choose "Mac with Intel chip"
2. Open the downloaded Docker.dmg file
3. Drag Docker to the Applications folder
4. Open Docker from Applications
5. Accept the Docker Subscription Service Agreement
6. Create a free account and let Docker Desktop run

Step 2: Verify Docker Installation

1. Open Terminal (press Cmd + Space, type "Terminal")
2. Check Docker version: 'docker --version'
3. You should see: Docker version 24.x.x or similar

Step 3: Run n8n

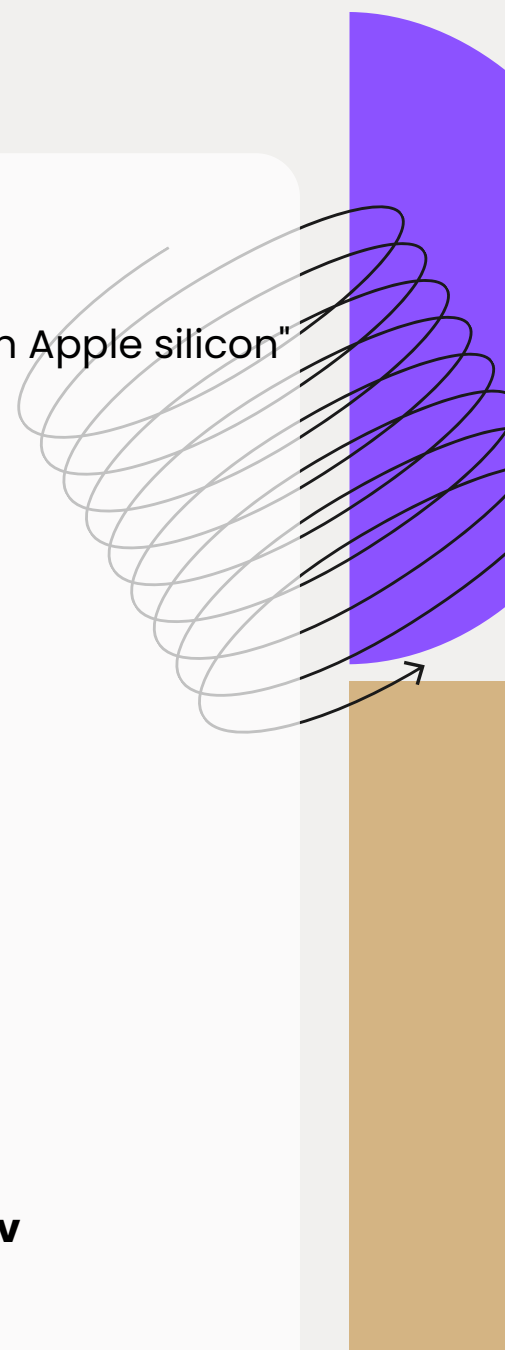
1. In Terminal, run this command: **'docker run -it --rm --name n8n -p 5678:5678 -v n8n_data:/home/node/.n8n docker.n8n.io/n8nio/n8n'**
2. Wait for the message: n8n ready on 0.0.0.0, port 5678

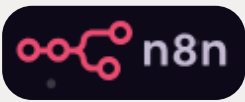
Step 4: Access n8n

1. Open your browser
2. Go to: <http://localhost:5678>
3. Create your account (email, password, name)
4. Start building workflows!

Step 5: Stop n8n

1. Save your work in the n8n browser window
2. Close the browser tab
3. In Terminal, press Ctrl + C to stop n8n
4. Close Terminal
5. Close Docker Desktop (optional)





Next Time: Quick Start

Windows:

1. Open Docker Desktop (let it start)
2. Open PowerShell
3. Run the command: **'docker run -it --rm --name n8n -p 5678:5678 -v n8n_data:/home/node/.n8n docker.n8n.io/n8nio/n8n'**
4. Open browser: <http://localhost:5678>

Mac:

1. Open Docker Desktop (let it start)
2. Open Terminal
3. Run the command: **'docker run -it --rm --name n8n -p 5678:5678 -v n8n_data:/home/node/.n8n docker.n8n.io/n8nio/n8n'**
4. Open browser: <http://localhost:5678>

That's it! Your n8n setup works on both Windows and Mac. Your workflows and data are automatically saved!

